

# Abingdon Compassionate Café



**Do you need someone to talk to?**

**Join us from 2 pm to 4 pm**

**Every month on the First Saturday of the month.**

**Cake, Kindness and Compassion – a safe haven, to just be!**

for a supportive gathering to talk about grief, difficult diagnoses, or caring for a loved one with Dementia or nearing the end of life.

Providing a comforting space for conversation, along with cake, tea, coffee, or soft drinks in the beautiful gardens of St Ethelwold's House.

No agenda or advice, just space for you to chat with others  
in similar circumstances,

or to simply spend some time in a welcoming, inclusive, peaceful space.

**At St Ethelwold's House, Abingdon, OX14 5EB**

Contact Fiona at [fiona@fionamaccelebrant.co.uk](mailto:fiona@fionamaccelebrant.co.uk)

in partnership with Maggies, Oxford, Sobell House, Dementia Friendly Abingdon,  
Helen and Douglas House, Seesaw, Oxford Samaritans.