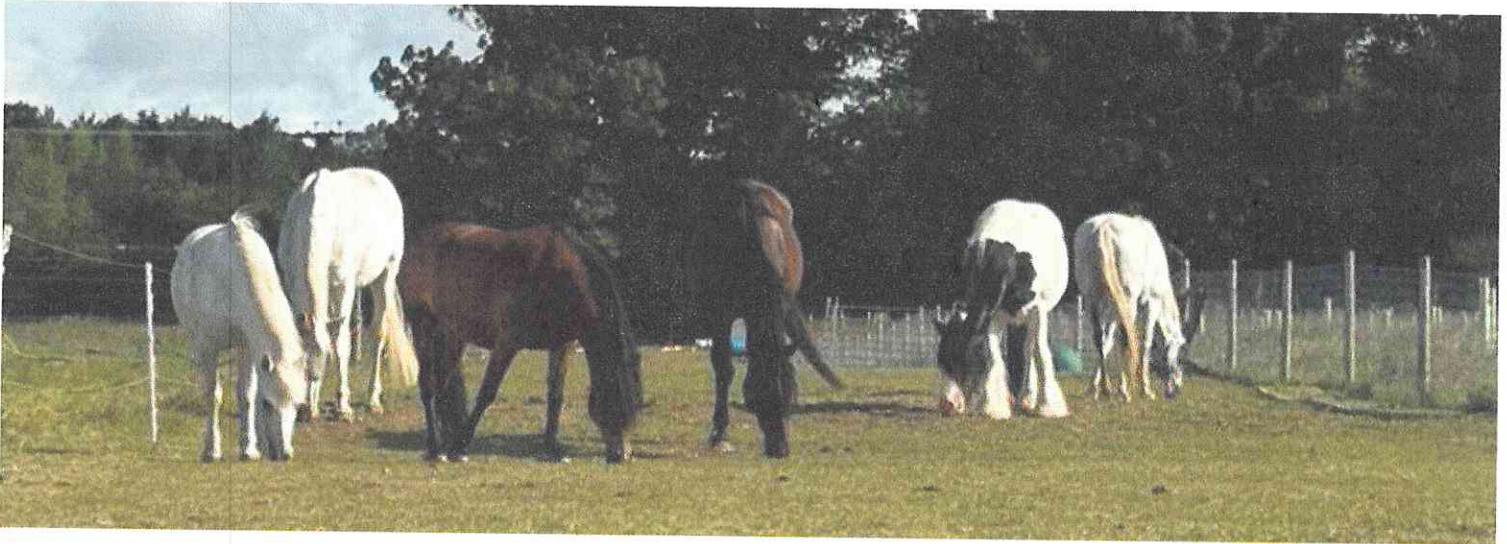


EQUINE THERAPY AND LEARNING
Charity Reg No: 1190998

Equine therapy for children, young people and adults



We offer Equine Facilitated Psychotherapy (EFP) and nature based support to children (7+) young people and adults.

Our sessions provide a calm space for those who may find traditional talking therapies difficult. Through connection with horses we gently support individuals to feel safe, understood and able to express themselves.



We offer

- Emotional regulation
- Alternative provision
- Stable relationships
- 1-1 Equine Facilitated Psychotherapy
- 1-1 SEN Support
- Group sessions
- Barn Pals (Educational group for children)

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